

Kumamoto University's Correspondence to the Outbreak of the COVID-19  
(Protocol Version 43)

In order to control/prevent the virus transmission, all faculty members, professors, and students of Kumamoto University (hereafter KU) are encouraged to take precautionary measures including the following but not limited to;

- Know when to wear a mask depending on the situation you are in
- Wash your hands properly and frequently, apply and rub alcohol hand-sanitizer on to your hands and between fingers, and ventilate the room well and frequently
- In case of having a fever or other symptoms, contact your family doctor once you find out, then stay behind at home

Please note that all precautions should be taken as if to prevent other infectious diseases such as common cold and influenza.

**[Keep Yourself Updated]**

Always be aware of and be familiar with the latest information on the homepage of Cabinet Secretariat, Ministry of Health, Labour and Welfare, and Kumamoto Prefecture.

- "Measures to prevent the spread of COVID-19" Cabinet Secretariat  
<https://corona.go.jp/en/>
- "Coronavirus (COVID-19)" Ministry of Health, Labour and Welfare  
[https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/0000164708\\_00079.html](https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/0000164708_00079.html)
- "Coronavirus Infection" Kumamoto Prefecture (contents in Japanese only)  
<https://www.pref.kumamoto.jp/site/covid-19/>

**[To All Kumamoto University Students]**

As to students' countermeasures during this pandemic situation, they should follow and execute what is mentioned in any announcements/notifications published by the Director/Vice-President (in the Educational and Student Support Division) and each Faculty/Department.

[https://www.kumamoto-u.ac.jp/whatsnew/koho/2020/info\\_corona](https://www.kumamoto-u.ac.jp/whatsnew/koho/2020/info_corona) (available in Japanese only)

**[Health Self-Maintenance]**

- a. Take your body temperature and self-check your condition every morning.
- b. In case of having any symptoms including a fever, avoid visiting a general hospital, instead, phone a local clinic or your family doctor first. If you wish not to see a physician due to mild/close-to-none symptoms, please take a government-approved COVID-19 antigen test.

[Coronavirus Support Center or the Help Line]

In case of any symptoms such as a fever:

- 1) Consult with your family doctor or local medical clinic first
- 2) Call "dial for exclusive use of patients with fever" line only if you do not know who to consult with

TEL 0570-096-567 (Weekdays only from 9 AM to 5 PM)

Residents outside of Kumamoto City: Consultation Counter (Call center) for Exclusive Use of Kumamoto New Model Coronavirus Infectious Disease

TEL 096-300-5909 (available 24 hours)

Foreign Residents: 092-687-7962

If you are unsure whether to visit a hospital emergency room or to call an ambulance at night time:

Nighttime Medical Care Consulting Service (for personnel over 15 years old)

TEL #7400 (Every day from 7 PM to 8 AM)

- c. If you become infected, it is required to report it through the system in Moodle, “新型コロナウイルス感染報告” and also inform your department and a professor who is in charge of each class.
- d. If you are unsure or have any concerns about resuming to academic life (coming to school) after your isolation period, please consult with the on-campus Health Center. No doctor’s note needs to be submitted when you start your isolation period and resume school.

**[Going Abroad, Entering into Japan]**

When travelling, please ensure to check and pay attention to the most up-to-date information by accessing Ministry of Foreign Affairs of Japan’s website\*\*\* and Ministry of Health, Labor and Welfare Quarantine Station’s website\*\*\*\*.

\*\*\* <https://www.anzen.mofa.go.jp/> (Ministry of Foreign Affairs of Japan)

\*\*\*\* <https://www.forth.go.jp/index.html> (Ministry of Health, Labor and Welfare Quarantine Station)

- a. Prior to entering Japan, any returnees and visitors from other countries are requested to check the Ministry of Foreign Affairs website for the most up-to-date information.  
Station [https://www.mofa.go.jp/ca/fna/page4e\\_001053.html](https://www.mofa.go.jp/ca/fna/page4e_001053.html)  
[https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/0000121431\\_00209.html](https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/0000121431_00209.html)

**[Attending Events]**

- a. In case of planning and organizing any events, it should be carefully planned and managed in

accordance with “*Restrictions on Holding Events*” published by Kumamoto Prefecture, and attendees’ health and safety concerns should be taken care of as the first priority.

<https://www.pref.kumamoto.jp/soshiki/30/96627.html> (available in Japanese only)

- b. As the cases so far have shown, any events, which are held at any venues where it is poorly ventilated, densely crowded, also a high risk of having unpredictable contacts with an unspecified majority is present, have tendencies of higher risks of creating potential clusters, you should make your judgement on attending such events corresponding to the Kumamoto Prefectural Notification mentioned above.
- c. Please continue to pay attention and take enough precautions when having lunch/dinner/drinks with acquaintances. Please refer to the “Four Steps to Lower Risks of Spreading Infection at Lunch/Dinner Meetings” published by Kumamoto Prefecture.  
\*<https://www.pref.kumamoto.jp/soshiki/30/93983.html> (available in Japanese only)

To All Faculty/Department Staff Members

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General Affairs Division

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