

Kumamoto University's Correspondence to the Outbreak of the COVID-19  
(10<sup>th</sup> Version Protocol)

In order to control/prevent the virus transmission, all faculty members, professors, and students of Kumamoto University are requested to take measures including the following but not limited to;

- Keep calm and attempt not to have excessive anxiety
- Cover your mouth and nose with your sleeve or anything else other than your palms when cough or sneeze
- Wash your hands properly and frequently (rub alcohol hand-sanitizer on to your hands and between fingers)

Please note that all precautions should be taken as if to prevent other infectious diseases such as common cold and influenza.

1. Correspondence of Faculty Members and Students (as at March 9, 2020 in response to Overseas Safety Information published by Ministry of Foreign Affairs of Japan.)

- LEVEL 3 Do not travel to any of the area/region/country below listed (including both personal and business trips,);

**People's Republic of China:** Hubei Province and Wenzhou City, Zhejiang Province

**Republic of Korea:** Daegu, Gyeongsan-city, Andong-city, Yeongcheon-city, Chilgok-gun, Uiseong-gun, Seongju-gun, Cheongdo-gun, Gunwi-gun, and Bonghwa-gun

**Islamic Republic of Iran:** Ghom Province, Tehran Province, Gilan Province, Alborz Province, Isfahan Province, Qazvin Province, Golestan Province, Semnan Province, Mazandaran Province, Markazi Province, and Lorestan Province

**Italian Republic:** Lombardy Province, Veneto Province, Emilia-Romagna Province, Piemonte Province, and Marche Province

**Republic of San Marino**

- LEVEL2 Avoid taking non-emergency and/or unnecessary trips to any of the area/region/country below listed;

**People's Republic of China:** the other provinces or the autonomous regions (the rest of the areas except for above-mentioned LEVEL 3 areas)

**Republic of Korea:** the areas except for above-mentioned LEVEL 3 areas

**Islamic Republic of Iran:** the other provinces (the rest of the areas except for above-mentioned LEVEL 3 areas)

**Italian Republic:** the areas except for above-mentioned LEVEL 3 areas

**Vatican City**

- When you plan any trips abroad (including personal trips,) please ensure to check and pay attention to the most up-to-date information by accessing Ministry of Foreign Affairs of Japan's website\* and Ministry of Health, Labor and Welfare Quarantine Station's website\*\*. In addition, ensure to notify of your trip plan to the General Affairs Division officer (in case of a Faculty member) or the Educational Affairs Division officers at your faculty/school (in case of a student) prior to the trip.
  
- Any returnees and visitors from any part of the areas listed as LEVEL 2 or 3 must remain at home and quarantine him/herself for 14 days
  - If you enter Japan after March 8<sup>th</sup>, these 14 days begin from the day after entering Japan
  - If you enter Japan on or before March 8<sup>th</sup>, these 14 days begin from the day of entry
  - In above both cases, if you are a returnee or a visitor from People's Republic of China or Republic of Korea, the standby period at the designated place assigned by the Quarantine Director is also counted towards it
  
- Above mentioned rules for traveling to LEVEL 2 and 3 also the 14-day quarantine period apply to people who would enter listed countries/areas as part of their transits.
  
- When having cold-like symptoms, take a leave of absence.
  
- Also, if you have following symptoms, contact the "Help Line" at any Public Health Centre locations\*\*\*:
  - Cold-like symptoms and a fever higher than 37.5°C/99.5°F for more than four consecutive days
  - A fatigue or a difficulty in breathing

Please note that the elderly and people with primary conditions/diseases should contact the "Help Line" if above symptoms continue for more than two days.
  
- If diagnosed as a suspected case after consulting with the "Help Line," they will give you a referral to a specialist. When visit the specialist's office, avoid taking any public transportation.

Also, please contact KU Health Centre at 096-342-2164 not only prior to and after your visitation to a specialist's office but also the diagnosis/the examination result becomes available.

\* <http://www2.anzen.mofa.go.jp> (Ministry of Foreign Affairs of Japan)

\*\* <http://www.forth.go.jp/topics/fragment1.html> (Ministry of Health, Labor and Welfare Quarantine Station)

[https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/newpage\\_00032.html](https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/newpage_00032.html) (Ministry of Health, Labor and Welfare)

\*\*\* Each public health centre's support desk will work as a "Help Line" and schedule an appointment with a medical institution, so please find the one nearby from the list below and contact them

## 2. Establishing the Crisis Management Headquarters for COVID-19

For the prevention and the control of the spread of virus infection/transmission, KU has established the Crisis Management Headquarters.

Any decisions to be made by the Crisis Management Headquarters will be notified via e-mails or posted on University Portal.

To accommodate to the constantly-changing situation, the Headquarters will monitor the following section "3. Assumable Future Events" contents closely, make appropriate decisions to overcome each equivalent situation, and inform all staff members and students regarding the future countermeasures; therefore, please beware of any new information to be released.

## 3. Assumable Future Events

- ① "Restriction on People Migration" issued by WHO (Public Health Emergency of International Concern declared on January 30, 2020)
- ② A confirmed case or a suspected case found among the University staff members and students (including their co-living family members)
- ③ A suspected case of a secondary transmission/infection originated by a University staff member

## 4. KU's Correspondence to the Above Events

- ① Restriction of business trips both inside of Japan and abroad
- ② and ③ Closure of classes and/or Closure of University

\* This is subject to change as each situation will be observed, then an appropriate solution will be proposed

General Affairs Division

Ext. 3117 & 3118

### List of Public Health Centres (Help Line)

Location	Phone Number	Hours of Operation	Jurisdictions
Ariake Public Health Centre	0968-72-2184	9 AM – 7 PM *	Arao-city, Tamana-city, Tamana-gun
Yamaga Public Health Centre	0968-44-4121	9 AM – 7 PM *	Yamaga-city

Kikuchi Public Health Centre	0968-25-4138	9 AM – 7 PM *	Kikuchi-city, Koshi-city, Kikuchi-gun
Aso Public Health Centre	0967-24-9030	9 AM – 7 PM *	Aso-city, Aso-gun
Mifune Public Health Centre	096-282-0016	9 AM – 7 PM *	Kamimashiki-gun
Uki Public Health Centre	0964-32-1207	9 AM – 7 PM *	Uto-city, Uki-city, Shimomashiki-gun
Yatsushiro Public Health Centre	0965-33-3229	9 AM – 7 PM *	Yatsushiro-city, Yatsushiro-gun
Minamata Public Health Centre	0966-63-4104	9 AM – 7 PM *	Minamata-city, Ashikita-gun
Hitoyoshi Public Health Centre	0966-22-3107	9 AM – 7 PM *	Hitoyoshi-city, Kuma-gun
Amakusa Public Health Centre	0969-23-0172	9 AM – 7 PM *	Kamiamakusa-city, Amakusa-city, Amakusa-gun
Kumamoto Public Health Centre	096-372-0705 096-364-3222	24 Hours	Kumamoto-city
Public Health Emergencies Management Division at Kumamoto Prefectural Government Office (for general inquiries only)	096-333-2256	9 AM – 7 PM	

\* any calls outside of operating hours will be transferred

Support Desk for Non-Japanese Speakers (including consultations for the COVID-19)

Location	Phone Number	Hours of Operation
Kumamoto Consultation and Support Plaza for Foreign Residents	096-359-4995	10 AM – 6 PM (Excluding 2 <sup>nd</sup> and 4 <sup>th</sup> Mondays)